



Benefits Include:

- Coaching & supporting through change
- Being a more effective leader and manager
- Developing the skills to create really resourceful and self-directed learners
- Developing the skills and confidence to coach in difficult situations
- Building even more effective relationships with your staff
- Increasing your flexibility to coach both formally and informally.

Coaching Skills

You're an approachable manager who likes to help your team. It's a busy Monday morning in the office and your 'to do' list is getting bigger by the second. As well as the three meetings you have scheduled, many of your team also want a piece of your valuable time. One member of your team has come to you voicing concerns over their workload and the amount of pressure they feel put under. Their workload is similar to others within the team and their performance up until now has always been of a good quality. What would you do?

1. reduce their workload and hope the problem will go away?
2. leave the problem with your team member - if the problem continues, put them on a performance review?
3. Move the team member into a different and more suitable role?

We don't know which option you chose, but we feel that option four is better; engage in a coaching conversation with them, assisting them in developing the best state of mind, skills and resources to resolve the situation in the best way for them.

Whatever your role, you have two choices, you can either take on everyone else's problems, or develop their ability to deal with these themselves. Sometimes it seems quicker to just deal with their problem yourself. After all, you have more experience and a bit more clout. Good news for your team because if you can resolve one of their problems you can have them all! The other option is to develop your skills in coaching. That means next time.... well if you do your bit right, there won't even be a next time. If it is important for you to develop resourceful, independent, solution focussed teams, our coaching skills course will definitely help.

Our coaching skills programme is a great mix of coaching theory, a bit of NLP and a lot of perfect practice makes perfect! Typically it is a two day programme - you might like to consider making it even better by including a day of the Myers Briggs Type Indicator.

Testimonials:

Cheltenham Borough Council:

"I found this coaching course extremely useful. It was well planned and presented in a relaxed atmosphere."

"A significant amount of ground covered in a short period which unravelled a complex subject in a very practical and understandable format. Provides a springboard to invest in work colleagues by coaching them to develop at work for the future."

Who is it for?

- Leaders and managers of any level
- Staff mentors
- Anyone responsible for or interested in the learning and development of employees

Dates & Locations:

The Coaching Skills programme is typically either two or three days long. As a mobile consultancy, we are able to deliver our programmes at your place of work or at a venue of your choice. We deliver throughout the UK.

How much?

Typically a two day coaching skills programme will cost approximately £180.00 per person (based on a group size of 10).

A three day coaching skills programme which includes the MBTI will cost approximately £315.00 per person (based on a group size of 10).

Developing
Potential (UK)



0800 043 5730

www.developing-potential.co.uk