



Benefits Include:

- Coaching & supporting through change
- Being a more effective leader and manager
- Developing the skills to create really resourceful and self-directed learners
- Developing the skills and confidence to coach in difficult situations
- Building even more effective relationships with your staff
- Increasing your flexibility to coach both formally and informally.

Coaching Skills

Just think for a moment...when have you been at your absolute best, and what was that like? Also take a moment to think about the most inspirational manager or leader that you know. That person that seems to be able to get so much more out of the people they work with. How about that teacher that seems to be able to get extraordinary results from those in their class? When you think about these experiences, what do you notice? What do they have in common? Freedom, growth, responsibility, challenge, feedback, belief, a high level relationship?

Coaching is a skill, approach and mindset that develops others through their own resourcefulness and builds their capabilities. The process of coaching is a powerful one. It develops self-sufficient, confident and self-directed problem-solvers. What does that mean for you? More time for your managers to lead your business, higher levels of engaged and motivated employees and an innovative and forward looking workforce.

Our coaching skills programmes are focussed on your workplace, a great mix of coaching theory, a bit of NLP and a lot of perfect practice makes perfect! Typically it is a two day programme - you might like to consider making it even better by including a day of the MBTI - Myers Briggs Type Indicator. This will help your coaches to understand themselves, their style and how this can affect the coaching relationship. You can also support the development of your workplace coaches with our facilitated coaching forums.

Testimonials:

Cheltenham Borough Council:

"I found this coaching course extremely useful. It was well planned and presented in a relaxed atmosphere."

"A significant amount of ground covered in a short period which unravelled a complex subject in a very practical and understandable format. Provides a springboard to invest in work colleagues by coaching them to develop at work for the future."

Who is it for?

- Leaders and managers of any level
- Staff mentors
- Anyone responsible for or interested in the learning and development of employees

Dates & Locations:

The Coaching Skills programme is typically either two or three days long. As a mobile consultancy, we are able to deliver our programmes at your place of work or at a venue of your choice. We deliver throughout the UK.

How much?

Typically a two day coaching skills programme will cost approximately £180.00 per person (based on a group size of 10).

A three day coaching skills programme which includes the MBTI will cost approximately £315.00 per person (based on a group size of 10).

Developing
Potential (UK)



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