



## Participation Agreement

Please complete this form and return it to the course organiser.

If the participant is under 18, please complete the Youth Participant Agreement.

We like to think that you know your bodies better than we do. For that reason, you are under no pressure to participate in activities that you feel will give you cause for concern or would be likely to cause injury. Your trainer will always be happy to talk over any concerns you may have.

We operate a philosophy of *Challenge By Choice*. This means you choose the level of challenge that is right for you, and that challenge is fully respected.

Please detail any concerns or medical conditions below.

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### The legal bit

Developing Potential (UK) accepts its legal responsibility to make its programmes as safe as reasonably practicable. Experiential play and adventurous activities are inherently hazardous and cannot be completely risk free, however hard we try. For that reason, Developing Potential (UK) accepts no responsibility for loss of or damage to personal property or for injury not arising from its own act or default.

I have read, understood and accept the above statements and accept that I have a responsibility to take careful note of instructions and act in a way that will minimise the likelihood of injury. I am fit for the programme and I will advise Developing Potential (UK) of any medical conditions that might affect my safety.

Name \_\_\_\_\_ Course dates \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Next of kin \_\_\_\_\_ Telephone \_\_\_\_\_

NB. All information is used in accordance with the Data Protection Act.