

Areas To Consider For Development In Becoming More Effective:

- Putting your needs in front of others - being comfortable with saying no.
- Trusting & making logical decisions which go against your personal values.
- Valuing conceptual ideas, theories and concepts.
- Exploring your creative side - art, science etc.
- Considering the bigger picture and alternatives to your decisions.
- Being open and flexible to change.
- Sharing your need for validation and positive feedback before you feel unappreciated.
- Taking more time for yourself.
- Being more assertive and not take criticism personally.

Which of the above would you like to focus on first?

How will you know when you have developed in this area?

Who do you know that does this well?

Start small - what activities could you do to promote development in your chosen area?

Before You Consider Any Personal Development You May Like To Consider The Following:

Which parts of the ISFJ personality description are particularly true for you?

- What are your strengths as an ISFJ?
- Which parts of the ENTP personality description do you find particularly unlike you?
- Have you sought any feedback from others?
- How important it is for you to develop some of the areas suggested?
- What specifically is your goal?
- What support do you need for this development?
- What challenges might you face on your development journey?



Function Order

I

Dominant Function
Introverted Sensing

S

Auxiliary Function
Extraverted Feeling

F

Tertiary Function
Thinking

J

Inferior Function
Extraverted Intuition

fold

fold

