

# The Dalai Lama Test

The Dalai Lama said read it to see if it works for you.

Just 4 questions. Do not cheat by looking up the answers. The mind is like a parachute it works best when it is opened.

This is fun to do, but you have to follow the instructions very closely. Do not cheat. MAKE A WISH BEFORE BEGINNING THE TEST!!

A Warning! Answer the questions as you go along.

There are only four questions and if you see them all before finishing you will not have honest results. Go down slowly and do each exercise as you scroll down. Don't look ahead. Get pencil and paper to write your answers as you go along. You will need it at the end. This is an honest questionnaire, which will tell you a lot about your true self.

**1. Put the following 5 animals in the order of your preference:**

a. Cow	1.
b. Tiger	2.
c. Sheep	3.
d. Horse	4.
e. Pig	5.

**2. Write one word that describes each one of the following:**

a. Dog	
b. Cat	
c. Rat	
d. Coffee	
e. Sea	

**3. Think of someone (who also knows you and is important to you) that you can relate them to the following colours:** (Please do not repeat your answer twice. Name just one person for each colour.)

a. Yellow	
b. Orange	
c. Red	
d. White	
e. Green	

**4. Finally, write down your favourite number and your favourite day of the week.**

Number:	Day:
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# What the answers mean

## Question 1 interpretation

- Cow = thinking carnal thoughts about another person who'd be shocked if only they knew
- Tiger = shouting or sulking like a spoilt child when you really should know better
- Sheep = saying 'Yes' when you want to say 'No', and saying 'No' when you really should say 'Yes'
- Horse = putting your hobby ahead of everything and everyone else in your life
- Pig = secretly and frequently looking admiringly in the mirror at your favourite parts of your own body

## Question 2 interpretation

- Dog = the person who sits next to you at work
- Cat = the partner of your closest work colleague (or your best friend's partner if you are not at work)
- Rat = your ex
- Coffee = (men: driving, women: shopping)
- Sea = the organisation in which you work

## Question 3 interpretation

- Yellow = someone you'd like to tie up and smear with peanut butter or an exotic yoghurt of your choice
- Orange = someone you'd like to see wearing a french-maid's outfit
- Red = someone you'd consider bathing in a vat of cold baked beans with
- White = someone you can imagine having a secret relationship
- Green = someone whom you'd be happy to run away with if they won the lottery, and then you'd leave them when all the money was spent

## Question 4 interpretation (Write down you favourite number and favourite day of the week):

- Favourite number = how many drinks it takes before you will share anything
- Favourite day of the week:
- Monday = you are a workaholic
- Tuesday = you are mad
- Wednesday = you cannot make decisions
- Thursday = you are very optimistic
- Friday = you are an alcoholic
- Saturday = you are a shopaholic or a football hooligan
- Sunday = you are mad (it's work on Monday)